

Discovery Early Learning Centres — Vacation Care Program

Sacred Heart Vacation Care

CONNECTING TO LAND

This week we will focus on connections to First Nations people, sustainability, growth and identity. Over the last term the children have been inspired to continue their learning and appreciation of First Nation's people and their culture—we look forward to exploring this further together. All this week we'll be making recycled object sculptures, and putting them on display. Also, we will be making bird feeders to take home, don't forget yours! To help with these ongoing projects we ask that you bring in recyclable objects from home that we can use, this includes: washed milk cartons, cereal boxes, washed yogurt containers, soft drink bottles, small cardboard boxes and cracker boxes. Thank you!

**Monday
11th July**

Busy Hands

Today we'll be exploring simple weaving with yarn and paddle pop sticks. Plus, using the colours of the Torres Strait Islander flag we will create turtles and explore the symbolism of the magnificent sea creatures.

We will also be baking some yummy Orange and Wattle seed Muffins, exploring sculpting with natural resources and print making, using different design and patterns.

Special note—please read last page

Pack: Lunch, water drink bottle

**Tuesday
12th July**

BONORONG

We're off to Bonorong Zoo this morning, don't miss out—the bus is leaving at 9:30am!

Once we return to vacation care we will express ourselves with rock painting and explore an art technique of halving a photograph of ourselves and using charcoal to draw the other side of our face!



**Bus departs 9:30am
Returning 1:30pm**

Pack: Warm coat, suitable shoes,
lunch, water drink bottle

**Wednesday
13th July**

Reduce, reuse, recycle

Join us as we create book nooks—utilising recycled resources to create imagination focused nooks to place our book shelves and books in.

We'll also try making your own paper, taking old drawings and paintings and upcycling them to design our very own paper! Outside we will start planting our vegetable garden—we can't wait to see what we'll be able to produce.

Special note—please read last page

Pack: Lunch, water drink bottle

**Thursday
14th July**

Bush Camp

We're excited for a big day out at Discovery's Bush Camp in Lenah Valley. We'll be making damper, exploring construction with the natural resources we find and spotting the native animals that inhabit the area. We'll also be making beeswax wraps which we can use to replace clingfilm!



**Bus departs 9:15am
Returning 3pm**

Special note—please read last page

Pack: Warm coat, suitable shoes,
lunch, water drink bottle

**Friday
15th July**

Creating

Today we're making honey lemon soap and eucalyptus shower melts to take home. We're also setting up all our loose parts (and invite you to bring items from home that we can add to our stock) so that we can get creative with what we have available to design and build.



Pack: Loose part donations,
lunch, water drink bottle

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CAPTURE THE MOMENT

The children have been exploring a variety of interests in their environment, and we have been fostering their right to embrace childhood, engage in fun, be spontaneous and enjoying the here and now - this week we'll focus on these opportunities. All this week we'll also have a tire swing and fire pit going—so everyone will get a turn!

Monday 18th July

Big Body Play

It's a big day for big body play! Join us as we head off to the Hybrid Training Centre for a Little Monkeys and Ninja Kids physical activity session—afterwards to stop at Cornelian Bay to have a play and enjoy our lunch. Later back at vacation care head quarters we will create an indoor obstacle course and chair puzzle! There's no stopping us!



Bus departs 9:30am
Returning 3:15pm

Pack: Clothes that are flexible/
loose, socks, lunch, water drink
bottle

Tuesday 19th July

Brain Storm

We're exercising that other big muscle of ours today—our brains! Get messy as we create marker people, using whiteboard markers and water; snow fluff—the moldable dough with an exciting new texture; and elephant toothpaste!



Pack: Clothes that can get
messy, lunch, water drink
bottle

Wednesday 20th July

Snack 'n Paint

Today we're doing a Snack and Paint art experience with the professionals—we'll bring the snack, you bring your artistic skills and sense of adventure! The fun doesn't stop there, when we get back we'll do some oil painting with water colour overlay and carving!



Bus departs 10:30am
Returning 1:30pm

Pack: Clothes that can get
messy, lunch, water drink
bottle

Thursday 21st July

TECH CREATIONS

We're keeping the creative juices flowing with different experiences—like creating short cartoons through a spinning animation, and using the Windows Movie Maker program to create our own mini movies. For inspiration we'll relax with the movie

Chip and Dale, Rescue Rangers



Pack: lunch, water drink bottle

Friday 22nd July

Rock Star!

We're all rock stars here! Come dressed as your favourite rock star, and dance and karaoke along to the music. We'll also be making some chocolate crackles to take home at the end of the day to enjoy with the whole family.

Bring your bike, scooter, roller blades or skateboard and join us as we rip it up in the school grounds—but remember—no helmet, no ride!

Pack: Bike / scooter / skateboard / rollerblades, safety gear (helmet, knee pads, wrist guards etc.), spare change of clothes, rock star dress up, lunch, water drink bottle

Morning and afternoon tea will be provided each day. Please pack a lunch for your child everyday unless otherwise advised. If the day includes an excursion or incursion a fee of \$15.00 will be added to your account. There will be a number of other experiences on offer each day including: painting, construction, craft activities, ball games, sports activities, outside play, music, board games, jewellery making etc.

Lights, camera, ACTION!

Special note:

We are thrilled to tell you that we will have a film crew on site on **Monday 11th July, Wednesday 13th July** and at **Bush Camp on Thursday 14th July**. They will be here to film our program as we showcase how Discovery participates in the *Be You* Early Childhood Mental Health initiative.

A permission form will have to be signed in the morning, but if you do not wish to have your child on camera, please let us know and we will ensure they are not filmed or photographed by the film crew. Rest assured—no child will be excluded from the day's awesome activities or experiences on offer!